

Hachana for Shevuos

Year 3 - Vol. 35



Illuminating words that we merited to hear from The Spinka Rebbe Shlita

## WHAT WERE YOU MECHADESH TODAY?

**I. To whom do the "Chidushei Maharsha" really belong?**

That magnificent event at Har Sinai was, in essence, a moment where HaShem gave us the Ohr Eloki the heavenly light—into the gashmius life.

The Torah HaKedosha we received that day is the revelation of HaShem in the world.

But it's important to recognize that HaKadosh Boruch Hu gave us two Torahs: Torah SheBichsav and Torah SheBa'al Peh

**Torah SheBichsav / The Written Torah — a general Giluei, for the entire world.**

**Torah SheBa'al Peh / The Oral Torah — a personal Giluei Eloki within each individual's life.**

For example: the mitzvah of "Do not steal" is a general commandment that applies to every Yid.

But whether I am allowed to expand my balcony at the expense of my neighbor — that's a private question, tied to the unique details of my life and depends on the special data relevant in my case.

**The answer I receive from the Rav — that is a unique Giluei Eloki, which could never have been revealed in any other situation only mine...**

In the Torah SheBichsav, we cannot be mechadesh anything. The Pesukim of the Torah cannot expand beyond what was given at Sinai.

**But the Torah SheBa'al Peh? We are all witnesses to the books of chiddushim that never cease to come out of the printing press. Every year, thousands of Seforim — and absolutely all of them are Torah Elokis!**

And here, a famous question sharpens itself:

**Are Torah chiddushim that a person is mechadesh today, in the year 5785, truly HaShem's Torah?**

Are for instance the chiddushim of the Maharsha, part of Halachah LeMoshe MiSinai, or are they a chiddush that belongs to the Maharsha?

It's obvious that when we study the Maharsha, we are studying HaShem's Torah in every sense. **But why? These are chiddushim that appeared only 400 years ago! What's their connection to Ma'amad Har Sinai?**

This question reveals an important insight, which also touches on everything we go through in life...

**2. Standing before a Dead End...**

How did the Maharsha, for example, be mechadesh his chiddushim?

**He sat and learned, with clarity and gishmak — everything was flowing. But suddenly — he hit a dead end.**

All at once, his understanding came to an end. Something no longer added up.

**In those moments, when a question or lack of understanding arises, a person initially tries to mobilize all of his knowledge, all of the scholarly insights he has gathered over the years — to try and explain the intent of the Torah.**

Sometimes it works, and the person continues learning happy and satisfied.

**But sometimes nothing I have, no achievement already registered to my name, no previous understanding, can get me out of trouble...**

At that moment, a person has a choice:

He can persist in clinging to his old understandings, to the way he has always learned — and remain stuck with his question until the end — and rightly so...

**But he can also choose to let go of those past perceptions!**

He can acknowledge that everything until now may no longer be valid, recognize the fact that he is in a dead end—and then, HaShem will shine a new insight from an unexpected place...

**That moment—is a chiddush.**

To whom does this chiddush belong? The Yid — or the Ribono Shel Oilom? Clearly to the Ribono Shel Oilom. **But the Yid, by virtue of the bitul he gave to everything he had up until now, opened the possibility for the arrival of the new Giluei Eloki...**

And how does this connect to our own transitions in life?

### 3. The 'Chiddush' Within Life Itself...

The Torah SheBa'al Peh is not only a revelation of Halachos. It is primarily the Giluei Eloki within every individual.

Every person descended into this world to bring his personal part in revealing the Torah SheBa'al Peh! To reveal the Ribono Shel Oilom within his unique life, with his circumstances, complexities, challenges, middos, and emotions!

And how is this revealed? How do I bring the Creator into my life?

In routine life, we rarely feel a true connection with HaShem. When life flows smoothly, when everything makes sense, we may remember HaKadosh Boruch Hu and know to declare that "everything is with siyata d'shmaya" — **but deep in our hearts, we rather enjoy attributing the successes to our own wisdom, talent, and amazing abilities. We are still in control...**

But when a person hits a dead end — when he doesn't understand why something is happening, or how to get out of it — then the choice opens before him:

**He can continue to insist, and try to solve things with his own power, he can try to maintain his personal honor, his wisdom, his justice — and remain stuck...**

And usually, not only does the salvation not come, but he also expands the destruction to those around him...

He'll lash out, blame others, become bitter and cynical — just to avoid looking the truth in the eye and admitting I'm stuck. I can't go on.

That's one way.

**The other way to deal with such situations is to let go of everything I knew, everything I had until today, all the perceptions, all the accomplishments, to understand that I am not capable!**

When a person is willing to stand in that personal Tohu Vavohu, that inner void — he makes space for the Giluei Eloki to break through!

**Then, when the salvation opens from an unexpected source, or when he discovers that it is better for him to rely on the Creator and nullify his plans before the will of HaShem — he discovers his personal "Torah SheBa'al Peh"!**

Every time we find ourselves helpless, lacking understanding, lacking control — it is actually an opportunity to reveal a new Ohr Eloki that did not exist until today! Because no one, ever, needed to reveal the Creator in your specific type of trial, with your unique circumstances!

### 4. All the Tehoimos — Within Our Great Rebbe

There is only one who has already revealed all the chiddushim that will ever be revealed:

**Moshe Rabbeinu.**

The Gemara says he knew כל מה שתלמיד ותיק עתיד לחדש "everything that an expert talmid would ever be mechadesh."

**Because the tehoimos that opened up in Moshe Rabbeinu were like all the tehoimos of all of Klal Yisrael throughout the generations!**

Moshe Rabbeinu was "this against that" of Bilam. All the bad middos were open in him, all the nisyonos, all the transitions!

**But Moshe Rabbeinu did not insist on maintaining his facade of perfection. On the contrary, he revealed that he could not stand alone in any part of life! Every small piece of grip he let go, he understood that he needed the Ribono Shel Oilom to hold him — in every detail and every moment of life!**

After all, he was "the humblest of all men on the face of the earth"! Therefore, he was the one who revealed everything that a student would ever be mechadesh...

Moshe Rabbeinu had included within himself all Neshama's of Klal Yisrael, **but we, from ourselves, are required at least to reveal the Creator in those places where we are stuck! To let go of grip, to quiet the desire to control—at least in the points where the Ribono Shel Oilom is speaking to us!**

#### 5. Today— Will Be Ma'amad Har Sinai!

The Kedushas Levi says: Every day, HaKadosh Boruch Hu announces, "Anochi HaShem Elokecha"!

Why don't we hear it?

**Because to receive the Torah, to hear the Giluei Eloki — absolute silence is required!**

In those moments of awe, when we stood at the foot of Har Sinai, the whole world was silent! No bird chirped, no cow mooed, and we, within

ourselves, were in total quiet, letting go of all thoughts, all desires, all perceptions—and were ready to receive the Giluei Eloki...

**But this proclamation is not unique only to the 6th of Sivan! Every day, a heavenly voice goes out from Chorev and speaks to us — but we are full of noise, too busy maintaining our personal status, and developing our human power...**

If only we would quiet the voices within us, if only we would agree to let go of control — we could hear the Giluei Eloki every day!

#### 6. To Die—That Is Life...

When HaKadosh Boruch Hu announced "Anochi HaShem Elokecha"—immediately the Neshama's of the Bnei Yisrael flew out.

**Because it is impossible to receive the Torah—unless we "die!"**

The Torah אין התורה מתקיימת – אלא במי שממית עצמו עליה is not sustained except in one who puts himself to death over it.

Each of us "dies" sometimes, when things we were sure gave us life — are taken away from us.

**Some, for whom money is what gives them life. Others are certain that a stable family is their source of life. Some see status, job position, or a luxury car as the meaning of life...**

And then, what happens, happens, and these "lives" are taken from him...

**At those moments, a person is sure he is "dead," that the taste of life is lost...**

But if he is only willing to wait patiently, and not jump to conclusions, if he is only willing to be silent, and accept HaShem's process that is happening here, **then not only will he receive new and more meaningful life — he will also merit to reveal in the world a "new Torah" that did not exist before!**

### 7. Self-Healing from the 'Terrible Disease,' L"O

The body we were born with is not the same body that surrounds us now.

Every second, thousands of cells in the body die — and new, healthy cells are created in their place. Over the years, the human body is completely replaced several times, without us noticing.

**But sometimes, new cells are created too quickly — while the old ones have not yet "died".**

Thus, the new cells begin to accumulate over the old ones, and the body enters an unhealthy path, known more commonly as "the terrible disease" (cancer), G-d forbid...

Reb Asher explained that this disease, like any physical illness, stems from the lifestyle the Nefesh adopts for itself:

**When a person is not willing to let go of his old grips, and wants to simultaneously grab new achievements, when he is not willing to "die" sometimes — the body learns that it is forbidden to "die"! That one must hold on to everything achieved until now—and continue to create more and more!**

But when a person learns to let go, to give up his perceptions, to erase and forget and not hold onto his achievements, when a person is willing to nullify himself — **he can bring about complete healing, through the power of this bitul!**

All that is needed—is to agree to "die" a little!

### 8. There Is No Darkness—Only Blinding Light!

The greatest tragedy for Am Yisrael occurred specifically during those three days when Mitzrayim was struck by a freezing darkness.

**Eighty percent of Klal Yisrael lost their lives within seventy-two hours!**

How did this happen? And why did the remaining twenty percent merit to be saved?

The Seforim HaKedoshim teach that the plague of darkness was actually an immense Ohr Eloki that was revealed all at once in the land of Mitzrayim...

It was a blinding light; everything the inhabitants of the land had known until then — lost meaning in the face of this revelation.

**Human beings cannot contain such a light, and therefore, the Mitzriyim froze in place and were struck blind. They did not die, but they could not move from the intensity of the revelation.**

Bnei Yisrael, on the other hand, split into two camps: **the majority of the nation could not withstand this paralysis! They were used to action, to operating in a comprehensible world, and suddenly — an Ohr Eloki that disrupts everything that had been clear until that moment...**

They could not stand this helplessness — and simply died.

But there were those, a fifth of the nation, who understood that specifically now, when everything is frozen and blinding and unclear, when darkness covers the land, when they discover they cannot — **specifically now there is a tremendous Giluei Eloki, and all they need is patience for the process!**

Not only did they not die from the revelation — they also transformed it into **a great light in their dwellings.**

---

Gedanken from the Spinka Rebbe Shlita

Written in Hebrew by R' Menachem Rubinfeld,  
and translated by Yissochor Raffles

Written entirely according to the writers understanding.  
For suggestions and feedback or to subscribe please email.

[sparksoflightspinka@gmail.com](mailto:sparksoflightspinka@gmail.com)

Please note that although this pamphlet comes out Be'ezras HaShem every week Le'chovod Shabbos, the contents are not specific for any particular week and are applicable all year round!